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Original Research Article

Screening and Molecular Characterization of VISA and VRSA among the MRSA Isolates at a Tertiary Care Centre, Kanpur

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ABSTRACT

Background: Glycopeptides such as vancomycin are frequently the antibiotics of choice for the treatment of infections caused by methicillin resistant *Staphylococcus aureus* (MRSA). For the last few years incidence of vancomycin intermediate *S. aureus* and vancomycin resistant *S. aureus* (VISA and VRSA respectively) has been increasing in various parts of the world. The present study was carried out to find out the presence of VISA and VRSA among the MRSA isolates and its Molecular characterization at a tertiary care centre, Kanpur.

Objective: Screening and molecular characterization of VISA and VRSA among the MRSA isolates and its prevalence in Kanpur region.

Materials and Methods: Clinical samples were processed from hospitalized patients in Rama Medical College Hospital & Research Centre Mandhana, Kanpur. Out of 140 S. aureus isolates 40 were found MRSA by disk diffusion method, which were then confirmed as VISA and were VRSA by E-test, Vitek and MIC. Bacterial DNA was extracted and PCR for the detection of Mec A and Van A gene was performed.

Results: Out of 140 *S. aureus* isolates, the Prevalence of MRSA was 40 (28.57%) by disk diffusion method, in which 8 (5.7%) were confirmed as VISA and 2 (1.42%) were VRSA by E-test, Vitek and MIC. The molecular characterization of the test isolates detects the presence of Mec A gene, which was confirmed by sequencing but there was no Van A gene detected among these isolates.

Conclusion: The present study reveals the prevalence of MRSA/VISA and VRSA from the Kanpur region and indicates the magnitude of antibiotic resistance in and around the study area. Absence of Van A gene does not rule out that these strains are not VRSA or VISA.

Key words: Molecular characterization, VISA, VRSA, MRSA isolates

INTRODUCTION

Staphylococcus aureus is a leading cause of hospital acquired infection (HAI) gives rise to enormous burden to the health care system significantly affecting the patient's morbidity and mortality.

S. aureus is also leading cause of nosocomial infections, including bacteremia, surgical wound infections, as well as pneumonia. ^[1-3] About one quarter of healthy people carry one or more strains

asymptomatically at any given time, and infections are commonly endogenous being caused by the patient's colonizing strain.^[4] Methicillin resistance was first detected in *S. aureus* in 1961, ^[5] shortly after the agent was introduced clinically; and over the last four decades, there has been a global epidemic of methicillin-resistant *S. aureus* (MRSA). ^[6,7] MRSA is usually acquired during exposure to hospitals and other healthcare facilities and causes a variety of

serious healthcare-associated infections. The problem is exacerbated by the propensity of the organism to cause cross-infection and its ability to colonize individuals for months or years. Considerable selection pressure for this organism is applied in the hospital setting due to the now intensive use of the many antibiotics, particularly cephalosporins, to which the organism is resistant.

Vancomycin has been regarded as the first-line drug for treatment of MRSA. Unfortunately there has been an increase in the use of this antibiotic for other infections, such as pseudomembranous colitis due to *Clostridium difficile* and coagulase-negative staphylococcal infections in hospitalized patients. ^[8,9] When this drug was introduced in 1858, it was perceived that there would be no resistance to this antibiotic as resistance was very difficult to induce.^[10] However, in 1997 the first strain of S. aureus with reduced susceptibility to vancomycin was reported from Japan^[11] Since then, there has been an increase in the number of cases with both VISA and VRSA (vancomycin-intermediate and vancomycinresistant S. aureus). This has triggered off alarms in the medical community as S. aureus causes life-threatening infections in hospitalized and non-hospitalized patients ^[12] as Vancomycin is the main antimicrobial agent available to treat serious infections with MRSA but unfortunately, decrease in vancomycin susceptibility of S. aureus and isolation of vancomycin-intermediate and resistant S. aureus have recently been reported from many countries. ^[13] Many reports from north India also recorded the emergence of low level and intermediate vancomycin resistance.^[32,14-18]

MATERIALS AND METHODS Study Site and Population

It was a cross sectional study which was carried out among the patients (inpatients and outpatients) conducted in the Department of Microbiology RMCHRC, Mandhana kanpur during the study period for 2 years i.e., from January 2017 to December 2018.

A total of 140 non repeated pus, wound swab, blood, nasal swab, throat swab, urine etc clinical samples from different anatomic locations received from the patients for bacteriological culture were included in the study.

Isolation and Identification of *Staphylococcus aureus*

The specimens were inoculated on blood agar and mannitol salt agar (HiMedia laboratories private limited, India) and incubated aerobically at 37°C for 48 hours. The strains of *Staphylococcus aureus* were identified on the basis of colony morphology, Gram's stain, and different biochemical tests.^[19]

Antimicrobial Susceptibility Testing

The antimicrobial susceptibility testing was performed by modified Kirby-Bauer disc diffusion technique using Mueller-Hinton agar (HiMedia laboratories private limited, India) following Clinical and Laboratory Standards Institute (CLSI) guidelines. ^[20] Antibiotic discs used were ciprofloxacin (5 μ g), clindamycin (2 μ g), chloramphenicol (30 μ g), erythromycin (15 μ g), gentamicin (10 μ g), tetracycline (30 μ g), cotrimoxazole (25 μ g), rifampin (5 μ g), mupirocin (200 μ g), and penicillin G (10 units).

Detection of Strains of MRSA by Cefoxitin Disc Diffusion Method

Susceptibility of *Staphylococcus aureus* isolates to cefoxitin $(30\mu g)$ was determined by modified Kirby-Bauer disc diffusion method following CLSI guidelines. ^[20] The strains of *Staphylococcus aureus* which were found to be resistant to cefoxitin were screened as MRSA.

Determination of Minimum Inhibitory Concentrations (MICs) of Oxacillin and Vancomycin

MICs of oxacillin (Table 1) and vancomycin for all isolates of *Staphylococcus aureus* were determined by broth microdilution method as described by Andrews ^[21] and CLSI M07-A9 guidelines. ^[22] The results were interpreted according to CLSI

[20] guidelines. The concentrations of oxacillin $0.0125 \mu g/mL$ used were to $128\mu g/mL$ concentrations and the of vancomycin used were 2 μ g/mL to 128 $\mu g/mL$.

Detection of Mec A Gene by Polymerase Chain Reaction (PCR)

Bacterial DNA was extracted by KIT QIAamp DNA by following manufactures guidelines. S. aureus previously extracted DNA was used for the amplification of Mec A gene. A volume of 20 µl PCR reaction mixture consisting of 10 µl master mix, 1µl of each forward and reverse primers gene specific for the target gene, 3 µl of DNA template, and the volume was made up by adding nuclease free water. A 336-bp fragment of the Mec A gene was obtained. The forward and revered primers GTTGTAGTTGTCGGGTTTGG and

CTTCCACATACCATCTTCTTTAAC were used respectively. The mixture was briefly centrifuged and the tubes were transferred into PCR machine which has been programmed with the following conditions. The initial denaturation step for 7 minutes at 94°C followed by 94°C for 30 sec, 47°C for 40 sec, 72°C for 45 sec, 72°C for 7 min. The total cycles were 37. The PCR programming was very similar as followed by Jonas et al., [23] The PCR 2002. products were electrophoresed, stained with 10 μM ethidium bromide, bromophenol blue visualized by using UVtrans illuminator.^[23]

The positive cases have shown PCR product of 336 bp.

The strains of *Staphylococcus aureus* which were found to be resistant to cefoxitin were screened as MRSA._(Table No. 1).

Comparison of the phenotypic and genotypic methods for detection of MRSA.

Table 1: Different methods for detection of MRSA

| Cefoxitin disc diffusion | Oxacillinbroth microdilution | Polymerase chain reaction |
|---|---|--------------------------------|
| Strains of <i>S. aureus</i> having zone of inhibition of ≤ 21 mm | Strains of S. aureus having oxacillin MIC | Strains of S. aureus harboring |
| to cefoxitin disc $(30\mu g$ | of $\geq 4 \mu g/mL$ | mecA gene |

Quality Control

S. aureus ATCC 29213, positive reference strain was used. Mec A negative control strain of *S. aureus* ATCC 43300 as was employed.

Detection of Strains of VRSA by Vancomycin Disc Diffusion Method

MHA plates was inoculated with the bacterial suspension which was previously adjusted to 0.5 McFarland standards. Afterward, a 30 μ g vancomycin disc and a blank disc as a control have been aseptically placed over the surface of the MHA plates at a distance of 5mm and observed the range of the zone diameter for the detection of strains of VISA and VRSA. ^[24,25]

Identification of VRSA\ VISA through disc E-test strip

E-test (Himedia) for vancomycin MIC was done using Mueller-Hinton agar without NaCl supplementation and Etest strip was been placed. Plates were incubated in ambient temperature. Vancomycin MICs were read after 18 to 19 h of incubation. Isolates obtained of Vancomycin MICs. If it is $<=2 \ \mu g/mL$ then it is Sensitive, if it is >= $4-8\mu g/mL$ then it is Intermediate and if it is $>=16 \ \mu g/mL$ then it is Resistance, according to the CLSI guidelines 2016. ^[26]

Determination of vancomycin resistance by minimum inhibitory concentration test

The minimum inhibitory concentration (MIC) of vancomycin has been be determined by the tube dilution method. ^[27-30] Muller-Hinton Broth has been prepared with 2-128 µg/mL of vancomycin. By using a direct colony suspension method, 0.5 McFarland equivalent bacterial inoculums has been prepared in normal saline after culturing for 24 hours on an agar plate. The suspension was further diluted to achieve the desired inoculum concentration. If it is 2 μ g/mL then it is Sensitive, if it is $>= 4-8\mu g/mL$ then it is Intermediate and if it is $>=16 \ \mu g/mL$ then it is Resistance, according to the CLSI guidelines 2016. ^[26] All strains were spotted onto Muller-Hinton plates containing different concentrations of

vancomycin. The plates were incubated for 24 hours at 37^oC and checked for any visible growth.^[31]

Genotypic Detection of VanA gene by PCR

Detection of *VanA* **gene by Polymerase ChainReaction:**

Bacterial DNA was extracted by as mentioned above. A volume of 20 µl PCR reaction mixture consisting of 10 µl master mix, 1 µl of each forward and reverse primers gene specific primers were used. 3 µl of DNA template was used and the volume was made up to adding nuclease primers: free water. The CTGGGAAAACGACAATTGCT and TGTACAATGCGGCCGTTACG. The mixture was briefly centrifuged and the tubes was transferred into PCR apparatus which has been programmed with the following conditions: an initial denaturationstep was 7 minutes at 94°C with cycles 35 cycles of amplification were performed as follows: denaturation at 94°C for 45 seconds, annealing at 58°C for 45seconds and extension at 72°C for 1 minute, followed by a final extension step at 72°C for 7 minutes similar to Jonas et al., [23] The PCR 2002. products were electrophoresed, stained with 10 μM ethidium bromide, bromo phenol blue and visualized by using UV trans illumination. [23]

The VanA gene was not found in the PCR product.

Quality Control

Enterococcus faecalis A256 control was used as a positive control whereas

Enterococcus faecalis ATCC 29212 was used as van A negative control.

RESULTS

Clinical samples were isolated from hospitalized patients in Rama Medical College Hospital & Research Centre Mandhana, Kanpur. Out of 140 *S.aureus* isolates 40 were found MRSA by disk diffusion method, in which 8 were confirmed as VISA and 2 were VRSA by Etest, Vitek and MIC.

The molecular characterization of the test isolates detects the presence of Mec which was confirmed Α gene. bv sequencing, The PCR product of the isolates that carried the Mec A gene have been sent to Chromous Biotech Pvt. Ltd., Bengaluru for gene sequencing. No 39, 3rd Floor, Metropolis Business Park, Industrial Area,1st Main, Yelahanka New Town, Bengaluru - 560064. The gene sequences were confirmed by homology of NCBI blast.

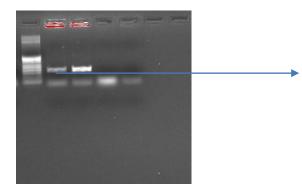
GENOTYPIC METHOD

Mec A Gene

Molecular characterization and sequencing of MRSA isolates confirmed the presence of MecA gene.



DNA isolated

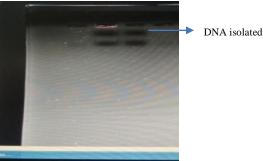


Lane 1 DNA Ladder, Lane 2 Sample Positive for Mec A gene gene Lane 3 is Positive control Lane 4 is Negative control

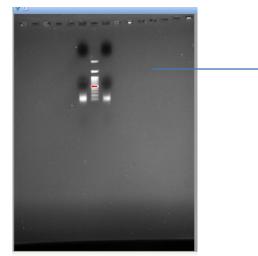
Detection of Mec A gene; 1st lane is DNA ladder; lane 2 is sample positive for Mec A gene, lane 3 is positive control and lane 4 is negative control

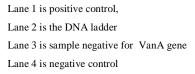
GENOTYPIC METHOD Van A Gene

Bacterial DNA was extracted by QIAamp DNA KIT by following manufactures guidelines. *S. aureus* previously extracted DNA was used for the amplification of Van A gene. The VanA gene was not found in the PCR product.









Absent of Van A gene

Van A gene was not detected in VRSA and VISA among MRSA isolates.

DISCUSSION

The increase in isolates of *S. aureus* with resistance to methicillin and decreased susceptibility to vancomycin has created concern for development of new antistaphylococcal agents that kills resistant mutants. Emergence of VRSA/VISA may be due to buildings of selective pressure of vancomycin. The true mechanism of vancomycin resistance in S. aureus is not known. It was initially feared that S. aureus would acquire the van gene that code for vancomycin resistance in *Enterococcus spp*; successfully this phenomenon was accomplished in the laboratory. ^[32] Further, Showsh et al, 2001 ^[33] have demonstrated the presence of sex pheromone in S. aureus that promotes plasmid transfer in Release Enterococcus spp. of these pheromones by S. aureus with proximity to

vancomycin-resistant enterococci causes the transfer of plasmids encoding *van* gene to the *S. aureus*.

As a whole comparison between phenotypic and PCR-based methods for detection of MRSA, is shown in the present study results, it is still leaning towards the sensitivity of molecular techniques. However, an important opinion indicates that methicillin-resistant can be due to not only to the presence of the Mec A gene alone; but by a cluster of this gene and icagene (Memmi et al., 2008). ^[34] This was also similar to our study in case of PCRbased methods for detection of VRSA and VISA among the MRSA isolates, where no Van A gene was detected.

We have found 40 MRSA strains from 140 *S.aureus* isolates, of which 8 were confirmed to be VISA and 2 VRSA by MIC

method . Of total eight VISA strains, MIC ranges>= $4-8\mu g/mL$

One VRSA (vancomycin MIC $>=32\mu g/ml$) strain was isolated from Pus swab; the other VRSA (vancomycin MIC $>=32 \mu g/ml$) strain was isolated from Blood. Both the isolates were also found to be resistant to several other antimicrobials such gentamicin, tobramycin, amikacin. as norfloxacin, ciprofloxacin, erythromycin, tetracycline, trimethoprim/sulfamethoxazole cefoperazone/sulbactam. and The emergence of the glycopeptide resistance is of great concern. Though first case of VRSA was reported in 2002 in USA.^[35]

In the current study all strains of VRSA and VISA among the MRSA isolates were positive for Mec A gene by PCR which was confirmed by sequencing, whereas, negative for van A gene by PCR. Therefore the absence of van A gene in the present isolates does not rule out that these strains are not VRSA or VISA. There is another hypothesis which says that cell wall thickening responsible is for the development of vancomycin resistance. The mechanism of vancomycin resistance has been extensively studied with the first clinical VRSA strain, Mu50. [36-39]

This was similar to the other study where they had reported six VISA and two VRSA strains from clinical samples, but none of these isolates was found to have either vanA or vanB by PCR.^[39]

Biochemical and transmission electron microscopy (TEM) examination of the Mu50 cell, suggested that it produces increased amounts of peptidoglycan. More murein monomers and more layers (probably 30-40 layers as judged by cellwall thickness observed with TEM) of peptidoglycan are considered to be present in the cell wall. As a result, more vancomycin molecules are trapped in the peptidoglycan layers before reaching the cytoplasmic membrane where peptidoglycan synthesis occurs. Moreover, a higher concentration of vancomycin would be required to saturate all the murein monomers that are supplied at an increased

rate in Mu50. Besides the vancomycintrapping mechanism, designated "affinity trapping,".^[40-42] There are many other study which says though there is VISA isolates with the vanA genotype, that was probably mechanism of intermediate the not resistance to vancomycin. Instead, as in other VISA isolates, a thick cell wall resulted unstable resistance. in An vancomycin resistance phenotype in such isolates ^[43] and heterologous expression of the enterococcal vanA operon in MRSA ^[44] have already been reported. The VISA strains with the *vanA* genotype colonizing the anterior nares may be a potent source of VRSA with reduced expression of the vancomycin resistance gene. When exposed to the appropriate selective step-up pressure, these isolates may eventually take a resistant form.

CONCLUSION

Antibiotic misuse is very common now a days, hence immediate response from the concerned authorities to check further emergence and spreading of these VRSA\VISA strains is alarming. A strict regulation on irrational antibiotic usages might be an appropriate and effective approach. Moreover, nationwide surveillance program should be carried out to map the vancomycin susceptibility pattern in this country. For this, all strains with the vancomycin MIC $4\mu g/ml$ should be earmarked and sent to the reference laboratory for further characterization. This helps to identify the potential areas which are already under the major threat of VRSA/VISA emergence and therefore draw more focused attention of Government for prompt tackling of this problem.

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